

mindful spaces

While good looks never go amiss, room designs are beginning to focus just as much on how the room feels with a stronger focus on wellness. In the past few years many of us have spent more time than ever in our homes with a growing awareness of how our spaces affect our mental health. A DIY geometric mandala wall artwork is a origins in Hinduism and Buddhism, is a mindful activity in itself. Simply sketch the design onto a wall, using masking tape and a compass to create any circles and crisp lines in your design. This mandala is painted in one colour, muted green Resene Thor on a cooling white-grey backdrop of Resene Wan White creating a soothing space. The dining table in Resene Half Duck Egg Blue paired with the chairs in Resene Dark Slate build on the serene tonal palette within the misty grey-green family.

Resene

Splash

Resene

Mocha

Resene

New Denim Blue

Other colours to try with grey-greens pale vellows, rustv reds or slate greys.



deep drama

This dark, dramatic bedroom oozes luxurious comfort. Deep blues and charcoals are ideal for spaces where you wish to create cocooning comfort while dialling up the drama. Create sumptuous style by playing with levels of sheen and texture. Try using Resene SpaceCote Flat on walls and Resene Lustacryl semi-gloss or Resene Enamacryl gloss on battens. panelling and furniture for visual contrast. Darker colours also pair beautifully with tactile linens with sheen like velvet and silk. The wall in this bedroom is painted in rich Resene Ocean Waves, which picks up on the blue undertones of the headboard in Resene Element. Other complementary blues are introduced through the bench seat in Resene Watermark and vases in the lighter tones of Resene Time Traveller and Resene Eau De Nil. The tonal colours paired with the layers of texture in this space create elegance and depth that is classic and timeless. Accent lighting such as lamps and dimmers help create the mood to suit these darker colours and make this a space you won't want to leave.

Resene

Tasman

Resene

Resene

Niagara

vour headboard.

Use durable Resene Lustacrvl

semi-gloss or Resene Enamacryl

gloss to help make a feature of

Background in Resene Ocean

Element, Resene Watermark, Resene Time Traveller and Resene

project @sailor and scout home

Waves, vases from top in Resene

www.resene.com

Other colours to try with deep blue - silverv-arevs, dustv oranges or bright teals.

grounding greens

Homeowners, interior designers and architects can't get enough of painted arches. Though the design dates back to ancient Rome and classical Persia, this curved aesthetic is now synonymous with chic modern interiors. Arches are a great way to soften a stark interior space and add extra depth and complexity to a simple internal wall. An arch is a nifty way to introduce colour into a space without going straight to a full feature wall. It can also function to section off a space in a large room for instance, as seen with this creative dining nook in calming green tones. The walls and floor painted in Resene Rice Cake are a clean, vellow-white complement to the arch in Resene Half Rivergum. The slightly lighter Resene Spanish Green on the dining table with the chairs in deeper Resene Mangrove carries the tranguil greens through the space. Rounded shapes are repeated in the pendant light and vases, painted in Resene Mangrove, Resene Rivergum and Resene Pumice, to carry the softness through the space.

Other colours to try with mid-toned areens - trv clear vellows. stony blues or bleached greys.



Resene Half Moonbeam Resene Half Copyrite

> Resene Hermitage

Use high quality painters masking tape, available at Resene ColorShops, for crisp lines in your

Background in Resene Rice Cake with A4 Resene drawdown paint Resene Pumice, Resene Rainee, Resene Spanish Green. Resene bowl in Resene Pumice, arch vase in Resene Mangrove and round vase in Resene Rivergum.