

Recent events have reminded all of us of the need to take (or make) time to switch off and tune in to what's really important: our own wellbeing and the health of those we care about. This turn towards self-care and wellness is materialising into a sweeping change of lifestyles and values, and a rethink of how we bring this into the design of our homes.

A renewed love of honesty in materials, which favours those that come from nature, have made linen, wood, cane, clay and stone incredibly desirable to decorate with for their longevity and inherent beauty – along with light, bright and breezy Resene paint and timber stain colour pairings and low sheen natural look clear finishes to suit. Simple, pared down silhouettes and Scandinavian influences like whitewashed timbers in Resene Colorwood Whitewash and minimalist furnishings that focus on quality and sustainability over quantity are hugely popular.

Resene Calico

Resene Brown Sugar

Resene Grey Olive

Resene Cobblestone

Resene Half Karaka

Resene Jaguar



Opposite left: A timber headboard finished in Resene Colorwood Whitewash adds another layer of visual texture and variety to this airy tonal space. Wall in Resene Triple Pearl Lusta, floor and pendant lamp in Resene Eighth Pearl Lusta, artwork in Resene Half Black White, vases in Resene Triple Bison Hide and Resene Half Bison Hide, bowl in Resene Grey Olive and chair in Resene Jaquar. Linen from Foxtrot Home, cushion and pink vase from Città, candleholder, throw and mug from Blackbird Goods.

Opposite right: Back wall in Resene Anglaise, left wall in Resene Anglaise ragged with Resene FX Paint Effects medium coloured with Resene Calico, floor in Resene Calico ragged with Resene FX Paint Effects medium coloured with Resene Cobblestone and Resene Half Karaka, pots in Resene Sandtex mediterranean effect, left pot in Resene Calico colourwashed with Resene FX Paint Effects coloured with Resene Brown Sugar, back pot in Resene Anglaise with Resene FX Paint Effects coloured with Resene Calico. Sofa from Domo, side table from Republic Home, striped cushion and bowls from Città.

Resene ☐ Eighth Pearl Lusta Resene Triple Pearl Lusta Resene Anglaise Resene Colorwood Whitewash Resene Half Bison Hide





Above: Wallpaper doesn't need to cover your entire wall - it's great for highlighting architectural features like inset panelling or between battens on walls, doors and ceilings. Main wall and trims in Resene Carefree with panels in Resene Wallpaper Collection FI71308, right wall and plant pot in Resene Half Popcorn and floor in Resene Alabaster. Table and chairs from Good Form, pendant lamps from Mood Store, tabletop items from Città and Father Rabbit.

Resene
Alabaste

Resene		
Half Popco		

Resene		
Triple	Bison	Hide

Resene
Carefre



Beyond the bedroom, there is also a trend towards creating zen-like retreat rooms – or even just a corner within another room – where you and your house plants can sit together and soak in the sunlight and take time out with a book or magazine. Pick out some plant pots in pleasing shapes and paint them using Resene testpots in tonal hues that coordinate with your chosen colour scheme to make your plant babies an even more integral part of your design.

Resene Alabaster

Resene
Peppermint
Resene

Resene Colorwood Mid Greywash

Resene Double Rice Cake

Half Bison Hide

Resene

Resene Grey Olive

Resene Half Lemon Grass Resene Blackout

home retreats

Our homes have become our sanctuaries from the stresses of everyday life – but especially our bedrooms. Simple creature comforts like sumptuously soft bedlinen and cosy rugs can make time spent recharging feel like a more decadent experience. Soothing colours that bring a sense of levity and clarity like Resene Soothe, Resene Peppermint, Resene Half Bison Hide and Resene Grey Olive are top picks for impacting the overall vibe of your sleeping space.



Resene
Half Rice Cake
Resene
Half Titania
Resene
Greige

Opposite left: Your bedroom is your solace from a stressful world, and given that we spend so much of our lives in bed, it makes sense to invest the time and energy into choosing colours and décor that look and feel great. Back wall in Resene Soothe, left wall in Resene Peppermint, floor in Resene Hint Of Grey, side table in Resene Blackout and vase in Resene Hint Of Grey. Duvet cover, throw and lamp from Città, pillowcases and ceramic vase from Republic Home.

Opposite right: The paint feature on the return wall echoes both the arched shape of the pendant lamp and the stripes of the bedlinen, tying the two areas of the space together. Back wall in Resene Grev Olive, left wall in Resene Half Rice Cake with stripes in Resene Half Bison Hide, timber floor finished in Resene Colorwood Mid Greywash. headboard in Resene Half Titania. bedside table in Resene Greige. bench in Resene Double Rice Cake. vase in Resene Half Lemon Grass. plant pot in Resene Apple Blossom and pendant lamp in Resene Alabaster, Bedlinen from The Foxes Den, striped throw from Freedom, cushion from Lapco.



Above: A sunny spot bathed in a soulful paint colour, a cuppa and a favourite book or magazine might be all you need to encourage yourself to slow down and refocus on self-care. Wall and pot in Resene Soothe and floor in Resene Hint Of Grey. Bench from Mr Bigglesworthy, throw and mug from Città.

Resene
Soothe



Resene Apple Blossom

seamless shelving

Floating shelves that blend into the wall have become more favourable than ones with visible brackets, which in many cases can detract from the style of a space or create unnecessary visual clutter. For an even more seamless look, paint your floating shelves in the same Resene colour as your wall or in a hue that matches or coordinates with your other furnishings.







Left: Left wall in Resene Swans Down, right wall and vase in Resene Reservoir and floor in Resene Hint Of Grey. Chair and shelf from Good Form, mirror from Made of Tomorrow.

